

LET'S PLAY PARACHUTE SOUP!

Activity for Kids in Preschool to Grade 2

What You'll Need to Get Started

- Parachute or Large Bedsheet
- Foam alphabet letters
- Foam vegetables
- Rubber chicken(s)

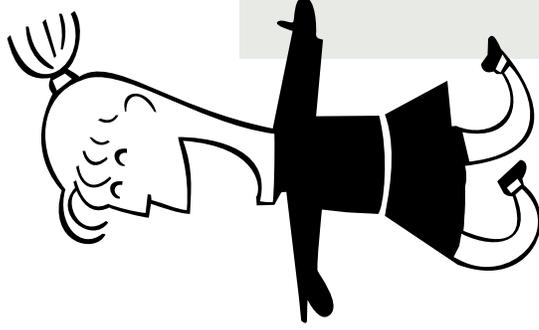
Let's Play!

Each student gets one letter of the alphabet and one vegetable. Students are positioned around the outside edge of the parachute and begin walking with the parachute (teacher indicates clockwise or counterclockwise). The teacher calls out a letter or vegetable—if the student has it, they toss it into the soup bowl (parachute).

The teacher then tells the students that there is something else to add to the soup and tosses a rubber chicken (more than one if you have them). When the teacher says "stir"

- everyone skips in the predetermined direction.

When the teacher says "simmer" - students will walk in the predetermined direction while making SMALL, SOFT ripples and waves. When the teacher says "boil" - students make BIG ripples and waves. When the teacher says "eat" - students lift the parachute up and bring it down quickly (all the letters fly up in the air and fall down on the students).



Mix it Up!

- Vary movements used when moving around outside of the parachute.
- Substitute the chicken with animals in your area.