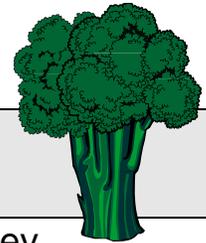
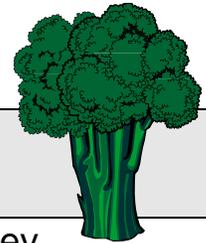


It's a Gas

The following lists will show you the ethylene producers and the fruits and vegetables most sensitive to ethylene. The produce listed with an asterisk (*) denotes those that are both ethylene producers and ethylene sensitive.



Ethylene Producers 		Ethylene Sensitive 	
Apples*	Nectarines*	Belgian Endive	Parsley
Apricots*	Papayas*	Broccoli	Peas
Asparagus*	Passion fruit*	Brussels Sprouts	Peppers
Avocado*	Peaches*	Cabbage	Spinach
Bananas*	Pears*	Carrots	Squash
Cantaloupes	Persimmons	Cauliflower	Sweet Potatoes
Cherimoya*	Plantains	Cucumbers	Watercress
Figs	Plums	Eggplant	Watermelon
Guava	Prunes	Green Beans	
Honeydew Melons	Quince	Leafy Greens	
Kiwifruit	Rambutan*	Lettuce	
Mangos	Tomatoes*	Okra	