

School Nutrition Program Guidelines

Lunch

- 2 F **or** 2 V **or** 1 F + 1 V

Enhanced Food-Based

- K-3: 3/4 cup per day
- K-6: 3/4 cup per day
+ 1/2 cup per week
- 7-12: 1 cup per day

Traditional Food-Based

- K-3: 1/2 cup per day
- K-6: 3/4 cup per day
- 7-12: 3/4 cup per day

