

Making the Commitment Worksheet

1. Do you have a local wellness policy at your school?

Yes / No / Unsure

2. Are you a Team Nutrition school?

Yes / No / Unsure

3. When was the last evaluation of your school lunch menus completed by the North Dakota Department of Public Instruction?

_____ (Year)

4. Are you interested in improving the lives of the students you serve?

Yes / No / Unsure

5. Is your school ready to commit to becoming a HealthierUS School Challenge school?

Yes / No / Unsure

What are the first steps you need to do in order to become a HealthierUS School Challenge school?

1.

2.

3.

What are your strengths or what is already happening at your school that would help facilitate this process?

What do you anticipate being your greatest obstacles in becoming a HealthierUS School Challenge school?

What will you do when you go back to your school tomorrow to begin?

What support will you need from the North Dakota Department of Public Instruction to help you succeed in becoming a HealthierUS School Challenge school?

_____ **We are committing today to start work on the HealthierUS School Challenge for our school.**

_____ **We are strongly thinking about working towards becoming a HealthierUS school.**

_____ **We are not sure about becoming a HealthierUS School Challenge school.**

School Name _____

School Contact for HealthierUS School Challenge

Name _____

Address _____

Phone _____ **email** _____