

Goal 1



Gooding Elementary HealthierUS Challenge/Wellness Panel

Form a HealthierUS Challenge Panel

Challenge Requirements

A panel must be established to review your school's HealthierUS Challenge application.

Description

This panel must include:

- School's Foodservice Manager
- School's Team Nutrition Leader (can be the same as the Foodservice Director)
- School's Principal or Administrator
- School District's Foodservice Director
- Representative from school's parent organization and
- One of the following (school nurse, physical education teacher, or teacher)

Panel Member Responsibilities:

- Review application and assure that it is an accurate reflection of the school.



Goldie's Tips

Fitness is a large component of the challenge. A strong relationship with the PE teacher(s) is very important. Our nutrition panel also serves as the wellness committee.

Gooding Gold Award Menu Example

The Gooding Nutrition Panel is composed of:

- School Nurse
- Foodservice Director
- Foodservice Manager
- Principal
- PE Teacher
- Parent
- Other Teachers (including representatives from other schools)
- District Social Worker

The panel meets monthly to discuss upcoming events to promote health and nutrition and to discuss quality of school meals. Meetings usually take place before or after school or at lunch.

The panel presents ideas at staff meetings to get teachers involved in upcoming nutrition events.



Have the Nutrition Panel members sign page 4 of the application.

Common Questions Answered

My school district has a foodservice committee in place, but its purpose serves all schools in our district. Is it possible to apply for School Challenge as a district, as opposed to individual schools?

To meet the *Gold* or *Silver* criteria, each school must have a level of commitment by the administration, faculty, school foodservice staff and parents—therefore the application must come from the individual school—not the district level. If menus are planned centrally, including menu items for a la carte sales, and they meet the menu criteria of the *HealthierUS* School Challenge, your schools have a head start.

In my small independent school district, the foodservice manager, the foodservice director, and the Team Nutrition Leader are all the same. Can my school still apply?

Yes. Make note on your school's documentation which people have the same positions and have these person(s) sign on the appropriate designated line. It is important that the school assessment be as broadly based as possible.

