

Chicken Noodle Soup and Sandwich Combo(820)

(Chick noodle Soup Sand Combo MCC820)

Category: Soup and Sandwich Combo

Source: MS Cycles II

| Ingredients | 1 Serving | | Servings | | For _____ Servings | Directions |
|--|-----------|----------------|----------|---------|-----------------------|---|
| | Weight | Measure | Weight | Measure | | |
| Chicken Noodle Soup MCC806..... | | 1 8 oz serving | | | | 1. Prepare soup according to recipe directions. Follow CCP for each recipe. |
| Assorted Sandwiches, Combo, MC 701..... | | 1 sandwich... | | | | 2. Prepare sandwiches according to recipe directions. Maintain at correct temperature for hot or cold sandwich items. Follow CCP for each recipe for each food item. 3. Serve 1 portion soup and 1 sandwich for each serving. Follow CCP for each recipe for each food item. |
| | | | | | | |

Serving: 1 sandwich and 1 serving soup provide 2 oz. meat/meat alternate and 2 servings grains/breads

Yield: Determined by number of servings prepared

Developed by the Mississippi Department of Education, Office of Child Nutrition Programs

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Chicken Noodle Soup and Sandwich Combo (Continued)

Nutrients Per Serving:

***D Denotes Missing Nutrient Values**

| | | | | | | | | | | | | | |
|---------------|------|----|-----------|--|--------|----|---------------|--|-------|---|------------|---------------|---------|
| Calories | 432 | | Iron | | | | | | | | | | |
| Cholesterol | 51 | Mg | Calcium | | 2.77 | Mg | Protein | | 21.76 | G | Percent ⇒ | Protein | 20.17% |
| Sodium | 1257 | Mg | Vitamin A | | 157.06 | Mg | Carbohydrates | | 45.52 | G | Of ⇒ | Carbohydrates | 42.18 % |
| Dietary Fiber | 3.04 | G | Vitamin C | | 312 | RE | Total Fat | | 18.71 | G | Calories ⇒ | Total Fat | 39.00 % |
| | | | | | 3.38 | Mg | Saturated Fat | | 5.98 | G | From ⇒ | Saturated Fat | 12.46 % |

Production Notes:

Serving Notes:

Purchasing Guide:
Use commodity products when available

Miscellaneous Notes:

Vegetable Beef Soup and Sandwich Combo(822)

(Veg Beef Soup Sand Combo MC822)

Category: Soup and Sandwich Combo

Source: MS Cycles II

| Ingredients | 1 Serving | | Servings | | For _____ Servings | Directions |
|---|-----------|-----------------|----------|---------|--------------------|---|
| | Weight | Measure | Weight | Measure | | |
| Vegetable Beef Soup MC816..... | | 1 8 oz serving. | | | | 1. Prepare soup according to recipe directions. Follow CCP for each recipe. |
| Assorted Sandwiches, Combo, MC701..... | | 1 sandwich..... | | | | 2. Prepare sandwiches according to recipe directions. Maintain at correct temperature for hot or cold sandwich items. Follow CCP for each recipe for each food item. 3. Serve 1 portion soup and 1 sandwich for each serving. Follow CCP for each recipe for each food item. |
| | | | | | | |

Serving: 1 sandwich and 1 serving soup provide 2 oz. meat/meat alternate and 2 servings grains/breads **Yield: Determined by number of servings prepared**

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Vegetable Beef Soup and Sandwich Combo (Continued)

Nutrients Per Serving:

*** Denotes Missing Nutrient Values**

| | | | | | | | | | | |
|---------------|------|------|--------|----|---------------|-------|---|------------|---------------|---------|
| Calories | 450 | Iron | 3.74 | Mg | Protein | 21.23 | G | Percent ⇒ | Protein | 18.89 % |
| Cholesterol | 42 | Mg | 183.46 | Mg | Carbohydrates | 46.63 | G | Of ⇒ | Carbohydrates | 41.49 % |
| Sodium | 1063 | Mg | 384 | RE | Total Fat | 20.42 | G | Calories ⇒ | Total Fat | 40.89 % |
| Dietary Fiber | 4.56 | G | 15.30 | Mg | Saturated Fat | 6.99 | G | From ⇒ | Saturated Fat | 14.00 % |

Production Notes:

Serving Notes:

Purchasing Guide:

Use commodity products when available

Miscellaneous Notes:

Vegetable Soup and Sandwich Combo (824)

(Vegetabl Soup Sand Combo MC824)

Category: Soup and Sandwich Combo

Source: MS Cycles II

| Ingredients | 1 Serving | | Servings | | For _____ Servings | Directions |
|---|-----------|-----------------|----------|---------|--------------------|--|
| | Weight | Measure | Weight | Measure | | |
| Vegetable Soup MC814..... | | 1 8 oz. serving | | | | 1. Prepare soup according to recipe directions. Follow CCP for each recipe. |
| Assorted Sandwiches, Combo, MC701..... | | 1 sandwich..... | | | | 2. Prepare sandwiches according to recipe directions. Maintain at correct temperature for hot or cold sandwich items. Follow CCP for each recipe for each food item. |
| | | | | | | 3. Serve 1 portion soup and 1 sandwich for each serving. Follow CCP for each recipe for each food item. |

Serving: 1 sandwich and 1 serving soup provide 2 oz. meat/meat alternate and 2 servings grains/breads

Yield: Determined by number of servings prepared

Developed by the Mississippi Department of Education, Office of Child Nutrition Programs

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Vegetable Soup and Sandwich Combo (Continued)

Nutrients Per Serving:

* Denotes Missing Nutrient Values

| | | | | | | | | | | | | | | |
|---------------|------|----|-----------|--|--------|----|---------------|--|-------|---|------------|---------------|--|---------|
| Calories | 439 | | Iron | | 4.00 | Mg | Protein | | 17.16 | G | Percent ⇒ | Protein | | 15.64 % |
| Cholesterol | 15 | Mg | Calcium | | 198.52 | Mg | Carbohydrates | | 55.11 | G | Of ⇒ | Carbohydrates | | 50.23 % |
| Sodium | 1343 | Mg | Vitamin A | | 385 | RE | Total Fat | | 17.87 | G | Calories ⇒ | Total Fat | | 36.64 % |
| Dietary Fiber | 7.69 | G | Vitamin C | | 12.34 | Mg | Saturated Fat | | 5.61 | G | From ⇒ | Saturated Fat | | 11.50 % |

Production Notes:

Serving Notes:

Purchasing Guide:

Use commodity products when available

Miscellaneous Notes: