

# Peanut Butter and Jelly Sandwich (780)

(Peanut Butter and Jelly Sandwich MC780)

Meat/Meat Alternate-Grains/Breads Source: MS Cycles II

Ingredients	48 Servings		96 Servings		For _____ Servings	Directions
	Weight	Measure	Weight	Measure		
Bread, white, 24 oz loaf, sliced.....		96 slices.....		192 slices.....		<b>USE SANDWICH MAKING TECHNIQUES</b> 1. Place 25 bottom portions of bread on bun pan, 5 down and 5 across. 2. Mix peanut butter and jelly with mixer. 3. Use No. 20 scoop to portion peanut butter/jelly mixture on bread 4. Top with remaining portion of bread 5. Cover pan tightly with plastic wrap to maintain freshness. 6. Portion 1 sandwich per serving. CCP: Cover and refrigerate at 41 F or lower until ready for service.
Peanut butter, smooth, w/salt.....		1/2 #10 Can.....		1 #10 Can.....		
Jelly, apple.....	2 lb 4 oz.....		4 lb 8 oz.....			

**Serving: 1 sandwich provides 1 oz meat/meat alternate and 2 servings grain/bread**

**Yield: 50 servings: 50 sandwiches**  
**100 servings: 100 sandwiches**

*Peanut Butter and Jelly Sandwich (Continued)*

**Nutrients Per Serving:**  
**\*Denotes Missing Nutrient Values**

Calories	386		Iron									
Cholesterol	1	Mg	Calcium	2.21	Mg	Protein	12.40	G	Percent ⇒	Protein	12.85%	
Sodium	437	Mg	Vitamin A	70.16	Mg	Carbohydrates	47.02	G	Of ⇒	Carbohydrates	48.73%	
Dietary Fiber	3.29	G	Vitamin C	1	RE	Total Fat	18.17	G	Calories ⇒	Total Fat	42.37%	
				0.19	Mg	Saturated Fat	3.73	G	From ⇒	Saturated Fat	8.69%	

Production Notes:

Serving Notes:

Purchasing Guide:

Use commodity products when available

Miscellaneous Notes:

# *Peanut Butter and Jelly Sandwich, No Crust (780U)*

*(P,B,&J Sandwich No crust MC780U)*

**Meat/Meat Alternate-Grains/Breads**

Source: MS Cycles II

Ingredients	50 Servings		100 Servings		For _____ Servings	Directions
	Weight	Measure	Weight	Measure		
PB&J Sandwich, no crust.....	.....	50 sandwich.....	.....	100 sandwich.....	.....	<ol style="list-style-type: none"> <li>1. Thaw sandwich according to package directions.</li> <li>2. Portion 1 sandwich per serving.</li> </ol>

**Serving: 1 sandwich provides 1 oz meat/meat alternate and 1 serving grain/bread**

**Yield: 50 servings: 50 sandwiches  
100 servings: 100 sandwiches**

Developed by the Mississippi Department of Education, Office of Child Nutrition Programs

(Continued on Back)

***Peanut Butter and Jelly Sandwich Uncrustable*** (Continued)

**Nutrients Per Serving:**

**\* Denotes Missing Nutrient Values**

Calories	320	Iron	1.70	Mg	Protein	11.30	G	Percent ⇒	Protein	14.13%
Cholesterol	0	Mg	41.20	Mg	Carbohydrates	31.60	G	Of ⇒	Carbohydrates	39.50%
Sodium	333	Mg	0	RE	Total Fat	17.50	G	Calories ⇒	Total Fat	49.22%
Dietary Fiber	2.20	G	0.00	Mg	Saturated Fat	3.60	G	From ⇒	Saturated Fat	10.12%

**Production Notes:**

This sandwich may be served in combination with soup that provides 1 oz. of meat/meat alternate.

**Serving Notes:**

**Purchasing Guide:**

Use commodity products when available

**Miscellaneous Notes:**