

Congratulations

on being selected for participation in Power Panther Pals!



Power Panther Pals (PPP) is a health education program for 4th, 5th and 6th graders. Now in its fourth year, PPP encourages students to eat more fruits and vegetables, make their own healthy snacks, and learn to enjoy daily physical activity.

As one of approximately 250 participating classrooms, you will have the opportunity to make a difference in the lives of your students. The students will have fun with the PPP activities and will be motivated by the incentives provided.

Before You Begin...

- Review this Implementation Manual to familiarize yourself with the PPP requirements (page 8).
- Be sure you understand the goal-setting requirements for students and how the incentives provided will be awarded to participating students (page 12).
- Review the contents of the PPP kit of materials so you know what is provided (a materials list can be found on page 11).
- If you need help with implementation of Power Panther Pals, please contact the Team Nutrition Consultant for your area (page 11).

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