

## Baker Boy Wheat Dinner Roll Dough (PLU # 11019)

Product Name: Wheat Dinner Roll, Baked

Bread Equivalency Servings: 1

Nutrition for this product is based upon the following:

1.3 oz. of Baker Boy #11019 Wheat Dinner Roll Dough

**Label Information**

Serving Size: 1 Roll (1.17 oz/33g)

Servings per Roll = 1

	<b>Amount/Serving</b>	<b>% DV*</b>
Calories	90 kCal	
Calories from Fat	10 kCal	
Total Fat	1 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 g	0%
Sodium	150 mg	6%
Total Carbohydrates	15 g	5%
Dietary Fiber	1 g	4%
Sugars	2 g	
Protein	4 g	
% Vitamin A		0%
% Vitamin C		0%
% Calcium		0%
% Iron		4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories per gram: Fat 9 \* Carbohydrate 4 \* Protein 4.

	<b>Calories</b>	<b>2,000</b>	<b>2,500</b>
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400 mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredient Legend:**

**INGREDIENTS:** Water, Enriched Wheat Flour Bleached (Bleached Wheat Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Wheat Crush, Yeast, Vital Wheat Gluten, Whey, Honey, Contains 2% or less of: Corn Starch, Salt, Soybean Oil, DATEM, Dextrose, Ascorbic Acid, Fungal Amylase, Mono-Diglycerides, Polysorbate 60 w/BHT, Citric Acid.

The nutritional information shown above is for a finished product made using the products shown above, following the label directions printed on the dough product case. Variations in shop conditions, as well as use of any other fillings, toppings or preparation procedures, may affect the nutritional profile of the finished product. Therefore, Baker Boy Bake Shop, Inc. cannot guarantee, nor shall it be liable for, the accuracy of this information. You may wish to confirm the nutritional analysis with an accredited laboratory. Prepared 3/22/2001 12:20:45 PM